# Friends Foundation for the Aging Program Reporting Form

Grantees of Friends Foundation for the Aging are asked to make reports to the Foundation as a precondition for grant payments, as spelled out in the agreement letter. Please use the following as a template for your reports. Do not feel limited by them, however. Feel free to report on other matters that may be of interest to the FFA.

Return the reports to:

Friends Foundation for the Aging

## **ARCH Report for July through December 2013**

List the goals and projected outcomes of the program and progress made toward each during the reporting period, both measurable and intangible. Include numbers of people touched by the work through one-on-one encounters, through group presentations, and via utilization of literature or a website. Include innovations tried, new materials produced and public relations successes, attaching copies of materials and publicity.

#### **Goal 1: ARCH Visitors**

- Trained 25 ARCH Visitors in October, for a total of 93 Friends trained
- 3 ARCH Enrichment Days; 2 Visitor lunches at business sessions
- Extended visits with Visitors: 31

#### Goal 2: Communication to NYYM

- ARCH continues to have a place in each Spark and InfoShare
- ARCH Visitor had article in recent Spark about her activities
- Two worship sharing groups at Summer Sessions, one for caregivers, the other on aging
- Display table at Summer Sessions and sample of ARCH library and Aging Resources pamphlets

#### Goal 3: workshops

Coordinators conducted 5 workshops and retreats

## **Goal 4: Consultations**

- Coordinators did 37 consultations, some on them requiring attention over time
- Many additional consultations are by the Visitors (see attached)

# **Goal 5: Housing**

- Coordinator continues to work towards having web-based information
- Research at Albany Guardian Society
- Visit to Fellowship Community, a Steiner community that includes an aging population

# **Goal 6: The Needs of Those Aging in Prison**

- A Coordinator met with the Worship Group at Auburn Prison, (25 in attendance)
- Developed a multi-page proposal for the AFSC program for Fishkill Prison

## **Goal 7: Dissemination of ARCH programs and methods**

- Article in Friends Journal on green burials as viable for Quaker burial grounds
- Two Friends trained as ARCH Visitors in October were from New England Yearly Meeting
- Our new coordinator attended FSA in the Fall

**Identify problems or unanticipated barriers** that you have encountered or unexpected external factors that have affected the program, including strategies (if any) for overcoming them.

 We did no webinars and have no plans to do any. It was more difficult and time consuming than we anticipated

**Indicate any changes** in the program's goals, strategies, personnel or timelines and the reasons behind the changes.

- We now have a clearer idea of what ARCH can offer that's pertinent to those in prisons and that is Advanced Directives workshops.
- To further that we will explore training ARCH Visitors and those in prison Worship Groups to facilitate them

**Make note of significant new collaborations** that have occurred during the past reporting period.

- Two Friends from New England Yearly Meeting were trained as ARCH Visitors
- Offered a one day "Visitor-lite" workshop at Arbor Glen, a CCRC in western New Jersey, to better equip residents to respond to the needs of other residents dealing with issues of adjustment, loss and grief, transition to other levels of care, and loneliness

**Attach a financial statement** for the reporting period and for the grant year-to-date and explain significant variances from the original budget and reasons for the variances.

**If there is overall over-expenditure**, identify plans for correcting the problem.

- The coordinators learned at the end of December that the program was a significantly over budget, (close to \$7,000).
- A study of the year end totals in comparison with the budgeted amounts shows that the overages occurred in Pay Roll taxes and Travel; other areas where underspent
- The coordinators have decided to greatly decrease the travel and workshops/ enrichment days done by 2 Coordinators now that the new coordinator has been fully trained and both coordinators have had a prison visit. This shift began to be put into effect towards the end of 2013.
- The coordinators are currently studying the 2014 budget for areas of savings
- The coordinators and CAC are reflecting on the vision and goals to make appropriate adjustments in the coming year