



Quaker **SUNDAY** Update

Silver Bay, NY • Sunday, July 21, 2019 • Vol. 49, No. 1

2019 Annual Summer Sessions

Friends Come in All Ages, Sizes, and Colors: Our Path Toward Becoming Inclusive

The Quaker Update is the Daily Newsletter for Summer Sessions

This is the Quaker Update (or Q-Up, or Update), a daily bulletin that updates Friends on upcoming business meeting agendas, special events of the day, changes in the program, and other news. You can find the Quaker Update on the table in front of the NYYM office in the Inn, posted on the Inn porch bulletin board, and sent via email to attenders with email addresses; if you aren't receiving it, email MsMellie@gmail.com with the subject "Add to Q-Up List."

To submit items, bring notices for the Update to the box outside the yearly meeting conference office by 4 p.m. for the following day's edition. USE EMAIL IF POSSIBLE, please. Send items to communications@nyym.org. Submissions will be evaluated by the clerk of Sessions, the associate secretary, and the communications director, and will be checked for accuracy and legibility. You must confirm the availability of facilities at the NYYM conference office in advance, if necessary.

Helpful People

Audiovisual arrangements: Martha Gurvich

Committee room assignments:

Helen Garay Toppins

Display arrangements: Martha Gurvich

Food-service coordinator: Martha Gurvich

General secretary: Steve Mohlke

General scheduling & evaluations: Melanie-Claire Mallison

General Services Coordinating Committee

clerk: Bridget Bower

Golf-cart coordinator: Angel Ramos

Greetings to absent Friends: Gina Varrichio

Healing center coordinator: Buffy Curtis

Interest group coordinators:

Martha Gurvich & Helen Garay Toppins

Junior Yearly Meeting coordinators: Sylke

Jackson & Dawn Pozzi

Liaison with Silver Bay YMCA: Martha Gurvich

Microphone Runner Coordinator: Ann-Marie Scheidt

Ministry Coordinating Committee clerk:

Emily Provance

NYYM assistant clerk: Elaine Learnard

NYYM clerk: Jeffrey Aaron

NYYM office assistant: Roseann Press

Pay as Led Inquiries: Melanie-Claire Mallison, Steve Mohlke, Doug Way

Quaker Update editor: Sarah Way

Quaker Update submissions:

Send to communications@nyym.org or drop off at NYYM office (by 4pm)

Registrars: Bronwyn Mohlke and Helen Garay Toppins

Sessions Committee clerk:

Melanie-Claire Mallison

Special needs: Martha Gurvich

Tagless Tag Sale Coordinators:

Elise Bacon and TBA

Whisper Buddies: TBA

Witness Coordinating Committee clerks: Leo Quirk and Rebekah Rice

Worship Sharing Groups coordinators: Roger Dreisbach-Williams, David Herendeen, and Sunfire Kazmayer

12-Step coordinators: Susan Bingham and Roseann Press

Welcome!

Welcome to the 324th annual gathering of New York Yearly Meeting. Friends will arrive from across our wide geographical area and from our many old and new monthly meetings and worship groups. This is a special year at which we will welcome many visitors and perhaps a record number of first time attenders! Welcome all to beautiful Silver Bay, to a week of sharing our work and play together. Welcome Friends of all ages, from a few weeks old to over 90! May this be a week of sharing, of peace and of blessed community together: a respite from a harsh world.

In peace,
Jeffrey Aaron, Clerk
New York Yearly Meeting

Opening Worship for Everyone, 6:45-7:45 p.m., Auditorium

After introductions and opening remarks by Jeffrey Aaron, clerk of our yearly meeting, we will hear the roll call and then settle once again in contemplative silence. After time for centering, Melanie-Claire Mallison, clerk of our Sessions Committee, will rise and continue the evening's presentations, including introduction of the JYM coordinators, who will introduce the junior yearly meeting group leaders. Young Friends and their parents or sponsors will then gather outside (weather permitting) in their JYM groups for a brief "getting to know you" activity.

*****Please see your Program for the full list of Sunday evening events!*****

Meetings for Parents of Junior and Senior High Kids, Sunday at 8 p.m.

JYM will be hosting a discussion for parents of junior and senior high students on Sunday night at Silver Bay to discuss what type of behavior we as a parent community would like to encourage and uphold during our week together. Topics will include: community worship, worship sharing opportunities for the senior high, Whisper Buddies, Silver Bay's policy regarding alcohol, and our response as parents to community agreements. Parents of junior high students are asked to meet in Munn Hall (to the left of the Auditorium); parents of senior high students are asked to meet in Field Memorial (to the right). We hope ALL parents of junior and senior high students will attend!

Calling All Young Adults!

Throughout Summer Sessions, there will be many opportunities for young adults (ages 18-35ish) to participate in activities designed to deepen community, get to know each other, and learn together. It all kicks off with an Ice Cream Social in Gray Pavilion at **8 p.m. on Sunday** where we will meet each other, play a game or two, review the week's agenda, and answer any questions you may have! The full agenda for the week is available at bit.ly/YAFSS2019 and you are invited to participate in any or all of the special events we have planned! If you have any questions, concerns, or needs throughout your time at Silver Bay, you can reach out to Marissa Badgley by leaving a message on the message board, texting 914-388-2759, or emailing at marissa.badgley@gmail.com.

While young adulthood is a unique time in all of our lives and there is tremendous benefit in being together, all YAFs are encouraged to participate fully in the events of the yearly meeting and to be in community across generations. We also encourage you to join us for any activity if you are led and do not fit neatly into the young adult age range. All are welcome.

Meeting for Discernment Orientation, Sunday at 8 p.m.

There will be an orientation meeting for elders, clerks and note takers for Tuesday's Meeting for Discernment to be held at Morse Hall at **8 p.m. Sunday**. If you will be serving in one of these capacities or are a member of the Steering Committee or a representative to the Meetings for Discernment from your monthly meeting, we hope you will be able to attend.

Healing Center at Summer Sessions – Organizational Meeting Sunday at 8:00 p.m.

The Healing Center is located in Sproul Pavilion. An organizational meeting of healers and helpers is **tonight (Sunday) at 8:00 p.m.** in Sproul. Hours for healing work will be posted on the message board outside the YM Conference Office and announced in the daily Quaker Update, once available.

Announcing Quaker Basics!

Under the care of Spiritual Nurture Working Group

Quaker Basics is a series of one-hour facilitated conversations to introduce vital elements of Quaker practice. Participants will be invited by the convener and each other to explore fundamental aspects of Quaker life. The meal-time dialogues are led by different facilitators, approach different topics, and are not in any sequence. No matter one's length of time among Friends, all who seek to learn more and do so through gentle dialogue are welcome. Bring your wonder, your questions, and your interest in getting to know Friends across NYYM. For more details, please see the handouts on the desk in front of the YM office in the Inn or on the Summer Sessions page at nyym.org.

QUAKER BASICS (Scheduled as "Meals with Meaning")

Monday Lunch, Gullen Lounge: **Quaker Basics: Let Your Life Speak** — *Anne Pomeroy, convener*

Tuesday Lunch, Gullen Lounge: **Quaker Basics: Worship** — *Trish Eckert, convener*

Wednesday Lunch, Dining Hall Boardroom: **Quaker Basics: Experiences of the Inner Light** — *Marissa Badgley, convener*

Thursday Lunch, Gullen Lounge: **Quaker Basics: The Business Process** — *Glenn Josey, convener*

Friday Breakfast, Gullen Lounge: **Quaker Basics: NYYM History: Looking Back, Looking Forward**
Emily Provance, convener

Coffee, Communion, & Conversation in the Morning

Coffee, Communion & Conversation meets **every morning at 6 a.m.** on the Inn Porch. Join us for good coffee, short readings and reflections and we'll see where the Spirit leads us!

New Business Meeting Location?

Jeffrey Aaron, Clerk, NYYM

It has been said that Quaker business practice is our greatest gift to the world, yet it remains largely unknown to the outside world, as are many deep spiritual practices, because they are not proclaimed loudly. Quaker discernment is based on quiet, careful listening. As our *Faith and Practice* counsels: "*We look with tender hearts, especially during meetings for worship with a concern for business, for one another's spiritual vision.*" Let us try to live up to that high goal as we labor together.

This year, we may experiment with meeting for business in the new Boyd Center Wishard Conference Room, where we may be able to eliminate the usual problems of the Auditorium—difficulty with the sound system, poor lighting, hard, noisy, often broken seats, musty air for those with allergies, and the frequent incursion of outside noise. To find out where we will be meeting, read your Q-Up or check at the NYYM conference desk in the Inn's Gullen Lounge. Location will also be announced at business meetings, starting at the opening gathering in the Auditorium Sunday

night. Wherever we may be, gather up close together, Friends, as close as our physical and spiritual community should always be.

Whisper Buddies Launch at Monday Breakfast

The launch of this week’s Whisper Buddies, open to high school JYM-ers and adults, will take place at breakfast at Gullen Lounge on Monday. First, we’ll get to know one another informally in a group. Then, we’ll self-identify as either learners (those who are new to Summer Sessions, new to business meetings, or relatively new to Quakerism) or as more-experienced Friends, and the learners will choose their own Whisper Buddies from the more-experienced group. Whisper Buddies sit together in business meetings—and any other time they like—for the purpose of whispering and passing notes to teach/learn what’s happening and why. If you’re reading this and asking yourself the question, “Is this really for me?,” the answer is an emphatic YES—please come and see!

Aging Concerns and ARCH

In addition to the Committee on Aging Concerns (CAC) Meeting on Monday at 2:45-5:15 p.m. in the Inn Library (off Gullen Lounge), the CAC will also meet on Friday from 2:45-4 p.m. in the same location. The CAC helps oversee the ARCH (Aging Resources Consultation and Help) program, guiding our programming and vision for the future. Committee meetings are open to all who want to learn more about ARCH in our monthly meetings, in our prison worship groups, The Friends Foundation for the Aging Grants, our ARCH training, and the many ways that the CAC supports graceful aging in our yearly meeting. All are welcome. Connect with the work of the CAC and ARCH all week at these other opportunities:

ARCH Visitors Lunch, Dining Hall Boardroom — Tuesday, July 23 12:30-1:30 p.m.

Interest Group: “ARCH for Babies and New Parents” — Wednesday, July 24, 7:45 p.m.

Consider joining either the caregivers or the aging **worship sharing groups** facilitated by ARCH folks — 9:30-10:30 a.m., Monday-Friday, July 22-26.

Or visit the **ARCH table** in Gullen Lounge for information and resources to share about growing older or to request a consultation with an ARCH Visitor to individually and confidentially discuss your particular aging concerns.

The CAC is also hosting a **memorial meeting for ARCH’s co-founder Barbara Spring** who died this June on Thursday July 25, 1:30 p.m. in the Chapel. All are welcome.

12-Step Meetings—Inn Room 230

This year, meetings will be held as follows.

Sunday	9:30 p.m.	Thursday	7:15 a.m. and 6:45 p.m.
Monday	7:15 a.m. and 6:45 p.m.	Friday	7:15 a.m. and 9:30 p.m.
Tuesday	7:15 a.m. and 9:30 p.m.	Saturday	7:15 a.m.
Wednesday	7:15 a.m. and 6:45 p.m.		

We need people who would be willing to facilitate one or more of these meetings. To volunteer, please leave a message for Roseann Press on the YM message board.

What Do the Lanyards Mean?

Blue lanyards: First timers have a blue lanyard for their nametags. When you see someone with a blue lanyard, please make these Friends feel welcome—include them in mealtime conversations, in chats on the porch, and in whatever ways occur to you. **Red lanyards:** Members of Sessions

Committee, our host committee, have red lanyards for their nametags. They welcome your questions, concerns and observations. If they cannot answer your question, they will direct you to someone who can. **Green lanyards:** Members of the Circle of Care and Concern will have green lanyards for their nametags. They welcome compassionate conversation and/or consultation concerning conflicts among Friends.

Need a Golf Cart Ride? Want to Drive a Golf Cart?

The golf carts rented for Summer Sessions hold a driver and three passengers. Their purpose is to assist people who need help getting to and from meetings and around campus. The hours of operation are approximately 7:30 a.m. (to or from anywhere on campus) until 8:15 p.m. (to or from evening programs), throughout the week.

Sign-up sheets for those needing rides at specific times will be kept at the golf cart dispatcher's table on the south side of the Inn Porch closest to the Auditorium. The sooner you sign up for a ride, the more likely we will be able to schedule a driver. Be sure to ask friends and family to volunteer to drive! You may also leave a note for Angel Ramos, golf cart coordinator, on the message board outside the YM Conference Office.

If you have a driver's license and would like to offer a valuable service, have fun, and meet friends you might not otherwise meet, please attend a brief but important training session **Sunday evening at 8:00 p.m.** on the side of the Inn Porch nearest the Auditorium. If you plan to volunteer, please bring a current, valid driver's license and your location on campus. We will review the operation of the cart, how to use the walkie-talkies, the specific functions of being a driver and/or dispatcher, and the times that you are available.

If you have questions, please leave a note on the message board for Angel. Please include your full name and Silver Bay room number in the note. Other training times are available upon request. Please consider offering two hours of your time for this important and fun work! We need your help to continue to offer the level of service that has meant so much to F/friends in the past.

Special Needs

Committee clerks and worship sharing group leaders are reminded to find out at the beginning of each session whether your group needs a note taker or hearing partner for any deaf or hard-of-hearing person. The note taker should sit next to her/his partner, writing notes that capture, not every word, but the essence of what is said. If you need someone, leave a note on the message board for Martha Gurvich. We need volunteers to act as note takers at meetings. If you can volunteer, leave a note for Martha Gurvich on the message board.

Meals

Martha Gurvich, food-service coordinator

Silver Bay meal times:

Breakfast: 7:30 – 9:00 a.m. Lunch: 11:30 a.m. – 1:00 p.m. Dinner: 5:30 – 7:00 p.m.

Note that although lunch service ends at 1 p.m. the dining room remains open until 1:30.

Dining room: It will be open for dinner at 5:00 p.m. for Friends who need a bit of help or more time getting their tray to the table. Parents with young children, Friends with mobility challenges, or others who need extra help or time may come in early. If you need special assistance leave a note on the message board for Martha Gurvich. We need volunteers to go to the dining room early to assist Friends with trays. If you can volunteer, leave a note for Martha Gurvich on the message board.

Children's meals: At some meals, the Silver Bay kitchen staff will prepare entrées that suit children's tastes. Because of limited space in the kitchen and the large size of our conference, this is a special courtesy to us. These menu items will be prepared in a limited quantity and will be served in a separate "children's corner" in the cafeteria. They are there to make life easier for youngsters and their parents. Please try to select food from the "adult" serving line before turning to the children's area for your meal.

Meals in Gullen Lounge: If you are joining one of the special meals in the Inn's Gullen Lounge, you pick up your food on trays in the dining hall and carry it to Gullen. You should find a bus bin, water, and flatware waiting for you there. When you're finished, put your things in the bus bin; Silver Bay staff will pick it up.

Helping out: Please allow Friends with mobility concerns, families with small children, and those who have a lunchtime or dinner meeting to go to the head of the line. We hope this will allow these Friends more time and space so they can get their meals before the larger group steps into the line. And carry a tray for anyone who looks like they could use the help and agrees to the assistance. Meal times can be stressful; your kindnesses will be deeply appreciated.

Thank the staff: The Silver Bay staff works very hard at designing menus that accommodate the needs of a wide variety of people. Please take the time to thank them. Comments and immediate concerns about food can be addressed by leaving a message for Martha Gurvich on the message board. Suggestions for improvements and additions to the menu for future years are also appreciated and passed on as appropriate.

Childcare and Junior Yearly Meeting

Morning Childcare Program

Morning childcare for those children two years old and younger will be available to JYM children at the Children's Pavilion. Registration for that program must be made with Silver Bay. Parents who wish their children to be in that Silver Bay morning program must bring the children between 8:15 and 8:30 a.m. Unfortunately, those children will not be able to attend Community Worship. The children's program staff has said that bringing children after Community Worship ends at 9:15 a.m. would be disruptive to their program, which includes many children not with the yearly meeting. Children in the morning program must be picked up by 11:30 a.m.

Junior Yearly Meeting (JYM) Morning Program

JYM registration is from 4-5:30p.m. on Sunday in the Inn's Gullen Lounge. Parents must accompany children and must have their completed medical forms in order to register with JYM. JYM groups meet each morning from rise of Community Worship until 12:30 p.m. Unless parents are otherwise informed, children in the preschool group and grades 1-3 must be picked up at their home base no later than 12:30 by a parent or authorized adult known to the group leaders. Other groups will dismiss the children from their home base at around 12:30. Parents should expect to meet them at the Auditorium or dining hall.

Afternoon (P.M.) Childcare Program

This program provides care for children up to age ten in Morse Hall during some afternoon and evening hours. This care is available to allow parents to attend committee meetings, Meetings for Discernment, Interest Groups, and the Plenary Speaker's presentation. Children are welcome 15 minutes before the session or meeting starts and must be picked up within 15 minutes of the end of the session or meeting. The positive attention of parental and non-parental volunteers is vital to the success of the experience and is rewarding to the volunteer. JYM staffs this program with only two volunteers, counting on other volunteers to supplement their time and attention to the children. We

ask parents who bring their children to PM Childcare to give two hours to the program sometime during the week. Registration is in Gullen Lounge on Sunday, 4:00-5:30 p.m. Please sign up at registration or the first time you bring your child to Morse. You can also come to the JYM office in Gullen Lounge and talk with the coordinators or leave a note on their message board.

The afternoon childcare program for children up to age ten will be available as follows:

Monday	2:30–5:30 & 7:30–9:00	Thursday	2:30–5:30
Tuesday	2:30–5:30 & 7:30–9:00	Friday	2:30–5:30
Wednesday	2:45-5:45 & 7:30-9		

If parents need care at other times, please make arrangements with a friend or speak to the Silver Bay front desk to hire one of Silver Bay's approved sitters.

Keeping in Touch with Children During the Week

It is advisable to have an understanding with children old enough to be on their own that you will have regular check-in times during the day. It is also expected that parents and children will have an agreed-upon time in the evening that the children will be in a specified, safe space, and that there will also be a time when young Friends will be in their rooms. Quiet time across the campus is 11:00 p.m. Summer Sessions activities can be tiring, and it is important that we all get enough rest.

Saving Paper—Fewer Copies, Less Cost

We try to print as few copies as possible of the daily Quaker Update, the Advance Reports, and other handouts, so we ask Friends to share or to access these materials online at nyym.org/session/summer-sessions-2019#sessionresources. Copies of Summer Sessions documents can be found in front of the YM conference office in the Inn's Gullen Lounge. If you do not need a copy to keep/take home, please read the document and return it to the table, so that others may read it too. The Quaker Update is also posted on the Inn porch bulletin boards.

Mosher Book Table

The Mosher Book Table is set up in the Inn lobby for Friends to browse and select books. The Mosher Fund will be giving each monthly meeting and worship group \$60 worth of books, of their choosing, for their meeting library. Stop by early for the best selection. We complete all book selection Thursday evening and are closed Friday and Saturday. We welcome volunteers to help at the book table. The Book Table hours will appear in the Monday Quaker Update.

Mobile/Cell Phone and WiFi Coverage

When not accessing documents for Sessions, please try to put down your phone/computer/tablet, be present, and become part of the Blessed Community. Cell phone coverage at Silver Bay is inconsistent. The best coverage for Verizon customers has been at the flagpole facing the front of the Inn and at Slim Point at the south end of campus. AT&T customers should get reception in most areas on campus. Silver Bay has expanded its wifi network to all buildings on campus (AND the beaches!) with the strongest signal at the Inn, the Store, and the new William Boyd Center. Remember to put AWAY your electronic devices whenever possible and connect with your Quaker peers in person.

Participant Expectations and NYYM Agreements

The participant expectations are posted on the Inn Porch and available online at nyym.org/sites/default/files/ParticipantExpectations-NYYMAgreements2019.pdf (You can find a link to them in the "Steps to Summer Sessions" on the Summer Sessions 2019 page.)

Circle of Care and Concern (CCC)

MEMBERSHIP AND MEETING TIMES

All members: please stop by the Welcome Table when you register on Sunday to get your green lanyard. Keep your Silver Bay lanyard too though, since they use that color to know what conference you are part of. Wear your green lanyard when you are willing to have folks approach you to talk. If you need a break, just remove the green lanyard!

CCC MEETING: The Core Group of the CCC (as many members as possible) meets for up to 20 minutes every morning at **8:20 a.m. in Inn Room 201** (note the change from previous years). This is a time for checking in and discussing any concerns or disruptions that need to be addressed. This is also the time for any member of CART or LF to report in if they have encountered an issue that they feel needs follow up. Heather Cook clerks these meetings.

LISTENING FRIENDS (LF): Past experience has found that people do not take advantage of the reserved time during the one-hour Rest and Renewal period when two Listening Friends made themselves available in the Inn Boardroom. Therefore, this year we will just ask Listening Friends to wear their green lanyards when they are available to listen. Room 201 will be reserved so that if a space for listening is needed, this will be available.

CORE GROUP

Child Sexual Abuse Investigation Team (AIT): John Scardina (*Purchase*), Chris DeRoller (*Old Chatham*). Ex officio, NYYM Assistant Clerk and NYYM General Secretary (2019: Elaine Learnard & Steve Mohlke). The AIT has its own protocols and reporting requirements available from the Sessions Committee, found online at nyym.org/content/nyym-child-protection-policy

Committee on Conflict Transformation (CCT): Heather Cook (*Central Finger Lakes*). The CCT is described in the NYYM Handbook, found online at nyym.org/book/nyym-handbook-conflict-transformation-committee

JYM Coordinators: Sylke Jackson (*Rockland*), Dawn Pozzi (*Rochester*)

Sessions Committee: Melanie-Claire Mallison (*Ithaca*)

COMMUNITY AGREEMENTS RESPONSE TEAM (CART): 1. Mike Clark (*Old Chatham*) 2. Kirsten Cole (Brooklyn) 3. Heather Cook (*Central Finger Lakes*) 4. Martin Glazer (*Rochester*)

LISTENING FRIENDS (LF): 1. Regina Haag (*Old Chatham*), 2. Kenn Harper (*Rochester*), 3. Anne Pomeroy (*New Paltz*), 4. Dawn Pozzi (*Rochester*), 5. David Fletcher, 6. Ian Hansen (*15th Street*), 7. Windy Cooler (*Baltimore Yearly Meeting*), 8. Karen Reixach (*Ithaca*), 9. Reminy Bacon (*Powell House*)

Emergencies at Silver Bay

Cell phone access can be sparse on the Silver Bay YMCA campus and surroundings. In case of an emergency, telephoning 911 may not work. If you do contact 911 on your own, send someone to the Inn front desk and tell them you made the call so they can prepare for emergency vehicles to get to the location. JYM group leaders have radio phones, as do many of the Silver Bay employees. If none of these persons are immediately available near an emergency site, send someone directly to the Inn front desk to ask for assistance. Fire and emergency medical volunteers are available in Hague. County sheriffs and New York State patrol cars respond when needed. A registered nurse is at the health office during posted hours and is on call.