

Reduce the Carbon Footprint of Your Travel

Automobile

1. **Bring your lunch to work** – Or walk to the local eatery *instead of driving*.
2. **Drive better** – Studies have shown up to 30% of the difference in miles per gallon (MPG) is due to driving habits alone. You could save more than a ton of CO₂ per year by:
 3. **Accelerating slowly and smoothly**
 - Driving the speed limit
 - Maintaining a steady speed
 - Anticipating your stops and starts
 4. **Maintenance** – Keep your car tuned up and running efficiently.
 5. **More Maintenance** – Replace your air, oil and fuel filters according to schedule.
 6. **Tires** – Keep your tires properly inflated (just this can save 400–700 pounds of CO₂ per year).
 7. **Make your next vehicle a fuel-efficient one** – Check out EPA’s Green Vehicle Guide or info on miles per gallon, meeting rigorous air pollution and greenhouse gas emissions standards when purchasing your next car.
 8. **Household fuel efficiency** – If your household has two cars and one is used mostly for commuting, make the commuting car a real gas sipper if you can’t for both.
 9. **Through how you could reduce the miles you drive:**
 - Combine one trip with another.
 - Carpool – Just once a week saves 20%.
 - Check out your mass-transit/public transportation options – It may not work for you every time, but use it when it does.
 - What about your bike? – Get in shape, too!
 - Only a mile? – Walk.
 - Think it through – Do you need to take this trip at all?
 - Make purchases on the Internet instead of using your car.
 - Optimize – Save this trip for later and combine with another.
 - Telecommute – Work from home occasionally.

Air / Train Travel

1. **Train** – For some trips the train may be a good choice for you.
2. **Fly nonstop** – Nonstop flights are better than connecting flights (for many reasons).
3. **When you get there** – Do some research ahead of time to find better ground travel options (shuttles, transit, trains, etc.) at your destination.
4. **Lodging** – Ask your hotel about their environmental commitment and steps they're taking to save energy. Let the management know that you like to support businesses that adopt environmentally responsible practices (including reducing waste).
5. **While you're away** – Turn your electrical appliances and equipment off. Unplug them to protect them from electrical storm power surges.